

Student Health Resources

Please Note: Not all of these organizations are affiliated with Academy of Art University and the ARC does not necessarily endorse or guarantee their services.

FOR EMERGENCIES CALL 911

Campus Safety: 415.618.3911

Crisis and Non-Emergency Lines

[National Suicide Prevention Line](#)

Call or text 9-8-8

Provides 24/7 confidential support to people in crisis

[Crisis Text Line](#)

Text START to 741-741 (24/7)

[Veterans Crisis Line](#)

Call 9-8-8 then press "1"

Text 838255 or [online chat](#) (24/7)

[The Trevor Project \(LGBTQ+\)](#)

866.488.7386 (24/7)

[National Sexual Assault Hotline](#)

800.656.4673 or [online chat](#) (24/7)

[NAMI Warm Line Directory \(non-emergency\)](#)

National Alliance on Mental Illness

[International Crisis Lines Directory](#)

Suicide and crisis lines around the world

Medical Resources

[Aetna](#)

877.480.4161

For full-time international students, domestic undergrads living on campus, and full-time domestic athletes

[ArtU Student Health Insurance Plan](#)

[Planned Parenthood](#)

800.230.7526 (24/7)

TEXT "PPNOW" to 774636 for quick Q&A

Sliding scale based on income

[MD Live](#)

800.400.6354 (24/7)

Depending on insurance, \$82 or less for non-emergency medical consultation; \$108 or less for therapy

[Alcoholics Anonymous](#)

800.839.1686

Guide to AA meetings and support in all 50 states

Mental Health Resources

[ULifeline by JED](#)

Free self-care and [mental health resources](#) for ArtU students

[Psychology Today](#)

National guide to therapists, teletherapy, psychiatrists, treatment centers, and support groups

[CalHOPE](#)

Peer support counseling and resources for California residents

[BIPOC Mental Health Resource](#)

Therapy directory and resources for Black, Indigenous, and People of Color

[Pride Counseling](#)

Therapy for LGBTQ+, ranges from \$60-\$90 per week

Does not accept insurance; does offer financial assistance

[Open Path Collective](#)

Therapy in all 50 states, in-office or online

\$40-\$70 per session

For the uninsured or underinsured

[California Institute of Integral Studies \(CIIS\)](#)

Therapy for CA residents

Sliding scale; does not accept insurance

Other Resources

[SF Department of Public Health](#)

Provides a variety of services to SF residents

[Bay Area Homeless Shelters Directory](#)

Resources and services for displaced individuals

[The Lotus Collaborative](#)

855.852.4968

Free online support group for eating disorder recovery